# Post-Conference Training - CDC Jan 23 @ BP Energy (Half-day, ~8:30am - 12pm)

#### **Organization:**

Arctic Investigations Program - Centers for Disease Control and Prevention

#### Topic:

Alaska One Health and zoonotic disease prioritization progress update and partner discussion

### **Topic Keywords:**

One Health, Zoonotic Diseases, Epidemiology

#### **Learning Objectives:**

- 1. Review epidemiologic trends, literature, and related work reported by partners since the 2019 meeting on zoonotic disease activities through a presentation of review findings.
- 2. Create opportunities for enhanced collaboration and networking between partners from local, state, federal, and tribal health groups through structured small-group discussions.
- 3. Develop a comprehensive list of zoonotic disease activity action items with specified timelines through plenary discussion.

#### **Abstract**:

Due to its geographic isolation, varied ecology, and prevalent subsistence and outdoor recreational activities, Alaska faces unique challenges regarding zoonotic and emerging infections. At the conclusion of the 2019 Alaska One Health Zoonotic Disease Prioritization (OHZDP) workshop, an action plan was developed with related recommendations. Following the workshop, the COVID-19 pandemic impacted existing public health priorities and capacity.

During the workshop, participants will join small groups to discuss questions on topics including: barriers limiting progress towards implementing the workshop activities proposed in 2019, identifying zoonotic diseases that are currently urgent threats in Alaska, fostering and improving community engagement, and enhancing partner communication and collaboration. Following small group discussions, the plenary group will discuss findings, summarize key points, and develop an action plan that includes activities and next steps with timelines to address priority zoonotic diseases in Alaska. A final summary will then be shared broadly and presented during a quarterly Alaska One Health Workgroup meeting.

## Post-Conference Training - SBIRT Jan 23 @ BP Energy (Full-Day, ~8:30am-5pm)

#### Organization:

State of Alaska Department of Health

#### Topic:

Screening, Brief Intervention, and Referral to Treatment Training

#### **Topic Keywords:**

Brief Intervention, Motivational Interviewing, SBIRT

#### **Target Audience:**

Medical providers in emergency services or primary care settings, behavioral health providers, social workers, mental health clinicians, substance use providers

#### **Learning Objectives:**

- 1. Explore the emerging and escalating behavioral health challenges in both rural and urban Alaska.
- 2. Discuss the opportunity for using SBIRT as a strategy in addressing the increasing health needs of Alaskans
- 3. Learn and practice the Brief Intervention/Motivational Interviewing skills used in the SBIRT work flow
- 4. Discuss administrative considerations when implementing SBIRT

#### Abstract:

Screening, Brief Intervention, and Referral to Treatment (SBIRT) is a comprehensive, integrated approach to identify and respond to the needs of patients who exhibit risky substance use behaviors. Recent data indicates that the COVID-19 pandemic has contributed to increasing prevalence and severity of substance use/misuse and mental health conditions across the state and the entire U.S., making this an ideal time to consider expanding the use of effective and proven early identification and intervention strategies, such as SBIRT, to address increasing public health needs in the moment.

This workshop is intended for direct service workers and administrators who would like to explore the use of SBIRT to more effectively respond to the growing health needs of their community while assisting medical professionals in feeling greater confidence in addressing the integrated health needs of their patient base. Participants will learn the tools and steps necessary to use SBIRT in their work settings. SBIRT provides healthcare staff with the necessary tools to more comprehensively meet the needs of patients experiencing behavioral health conditions before more severe consequences occur, such interaction with the criminal justice system, significant physical injury to self or others, and loss of job/family/livelihood.