31st Annual Alaska Health Summit

www.alaskapublichealth.org/summit.shtml

Convened by the Alaska Public Health Association

January 27th - 29th, 2014

Hotel Captain Cook
Anchorage, Alaska

Changing Systems, Changing Lives

Photo by Patsy Lewis
Welcome to the Alaska Health Summit

As the President Elect of the Alaska Public Health Association (ALPHA), I am very excited to welcome you to our 31st Annual Alaska Health Summit! This year’s theme is “Changing Systems, Changing Lives” as we recognize 2014 as being a significant year for our nation’s public health history. Our planning committee members spent many hours discussing and organizing this week’s conference. We hope you enjoy learning about your colleagues’ accomplishments, taking advantage of continuing education opportunities, and networking with others.

ALPHA board members value your input and feedback on our association business and Health Summit planning process. Please take a moment to visit the ALPHA table for updates on the Alaska Public Health Association. We also invite you to join us at our 2014 Alaska Public Health Association annual meeting on the evening of January 27th.

Masayo Nishiyama, MPH, MSN
Health Summit Chair
ALPHA President-Elect

Continuing Education Approval

Continuing education packets are available at the registration desk. Verification of attendance and completion of the course evaluation is required.

Nursing CEU: Packets will have the detailed information
CHES: Packets will have the detailed information. Interested in receiving CECH for CHES? SOPHE can assist you! Contact info@sophe.org for details.

See page 21 for more detailed information on earning credits over the three-day summit.

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Summit Agenda at a Glance

**Monday**
Jan. 27

8:30 - 9 AM ............ Welcome (Ballroom)
9 - 10 AM ............... Opening Plenary (Ballroom): “Public Health in Transition: Embracing and Preparing for the Future”; Joyce Gaufin, President, American Public Health Association

10:30 - 11:45 AM ..... Concurrent Sessions

Noon - 1 PM ............. Lunch & Plenary (Ballroom): “Together We Can Create a Healthier Alaska: Healthy Alaskans 2020 and the Alaska State Health Plan”; Lisa Aquino, MHS, Community Health Improvement Manager, DHSS, Division of Public Health; Beverly K Wooley, CHES, Community Health Systems Performance Improvement Director, ANTHC, Division of Community Health Services; Deborah Erickson, Executive Director, Alaska Health Care Commission

1:30 - 2:30 PM .......... Concurrent Sessions
2:30 - 3 PM ............. Student Poster Session (Ballroom)
3 - 4:30 PM ............. Concurrent Sessions
5:30 PM .................. ALPHA Reception Followed by ALPHA Annual Meeting (Quarter Deck)

**Tuesday**
Jan. 28

7:30 AM .................. Past Presidents’ Breakfast (Café)
8 - 8:30 AM ............. Continental Breakfast
8:45 - 9:45 AM .......... Plenary (Ballroom): “Choreographing a More Healthy Lifestyle is in the Journey, Not the Destination”; Billy Mills, Olympian

10:15 - 11:45 AM ..... Concurrent Sessions

Noon - 1 PM ............. Plenary (Ballroom): “Public Health Meets the C-Suite: Population Health Improvement and the Future of Worksite Wellness”; Paul Terry, PhD, Chief Science Officer, StayWell Health Management

1:30 - 2:45 PM .......... Concurrent Sessions
3:15 - 4:30 PM .......... Posters, Roundtables and Coalitions
5:30 PM .................. Post Summit: Strategic Advisory Group, Hosted by the Institute for Circumpolar Health Studies, UAA (by invitation)

**Wednesday**
Jan. 29

8 - 8:30 AM ............. Continental Breakfast
8:45 - 9:45 AM .......... Plenary (Ballroom): “Framing the Future: The Second Hundred Years of Education for Public Health”; Donna Petersen, ScD, MHS, Chair, Education Committee, Association of Schools of Public Health and Dean of the College of Public Health, University of South Florida

10 - 11:15 AM .......... Concurrent Sessions
11:30 - 1 PM ............ Awards Luncheon (Ballroom)
1:30 - 3 PM ............. Concurrent Sessions
3:30 - 4:30 PM .......... Closing Plenary (Ballroom): “Adverse Childhood Experiences (ACEs): What We Know Can Change the Future”; Linda Chamberlain, PhD, MPH, Executive Director, Alaska Family Violence Prevention Project, DHSS, Division of Public Health

**Thursday**
Jan. 30

Post-Summit Offerings (see page 6 for descriptions)

• The 4th Annual Alaskan Rural Water and Sanitation Workshop: The Future of “Washeterias” in Alaska (by invitation)
• Health Improvement through Community Ownership: Mobilizing Action Through Partnerships and Planning
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<td>7:30 - 8:30 AM</td>
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| 8:30 - 9 AM   | Welcome (Ballroom)  
Kerre Shelton, DHSS, Division of Public Health, State of Alaska; John Madden, Director, Department of Military and Veterans Affairs, Homeland Security Division, State of Alaska |
| 9 - 10 AM     | Opening Plenary (60 minutes)  
Session 101 Ballroom Public Health in Transition: Embracing and Preparing for the Future |
| 10:30 - 11:45 AM | Concurrent Morning Sessions (75 minutes)  
Session 102 Quadrant Recover Alaska: Working Together to Reduce Alcohol Abuse in Alaska  
Session 103 Endeavor Building Stronger Food Systems in Alaska  
Session 104 Adventure Behavioral and Primary Health Care Integration: How Does This Work Anyway? A Case Study and Model for Best Practices for Rural Community Providers  
Session 105 Voyager PODS! What Are They Good For? Absolutely Everything!  
Session 106 Whitby Back in the Closet! The Unfortunate Choice for LGBT Elders |
| Noon - 1 PM   | Lunch and Plenary (60 minutes)  
Session 107 Ballroom Together We Can Create a Healthier Alaska: Healthy Alaskans 2020 and the Alaska State Health Plan |
| 1:30 - 2:30 PM | Concurrent Afternoon Sessions (60 minutes)  
Session 108 Quadrant The Informed Alaskans Initiative: Facilitating Policy Development through Public Health Informatics  
Session 109 Endeavor Cancer in Alaska: Alaskan Approaches to Outreach and Investigation  
Session 110 Adventure Juneau United Medical Providers and Parents (JUMPP)  
Session 111 Voyager Expanding a Community-Wide Campaign Focused on Childhood Obesity in Alaska  
Session 112 Whitby North Slope Borough Baseline Community Health Analysis Report Findings |
| 2:30 - 3 PM   | Student Poster Session (Ballroom)                                                  |
| 3 - 4:30 PM   | Concurrent Afternoon Sessions (90 minutes)  
Session 113 Quadrant Planning and Doing in Your Community: Community Assessment and Action Around Healthy Alaskans 2020  
Session 114 Endeavor Harmful Legal Products: Research and Intervention in Alaska  
Session 115 Adventure 2012 Alaska Health Workforce Vacancy Study: A Look at Behavioral and Public Health Occupations in Alaska  
Session 116 Voyager Evidence-Based Approaches to Eliminating Secondhand Smoke Exposure: Housing and Clinical Interventions  
Session 117 Whitby Bring the “Store Outside Your Door” into the School Cafeteria |
| 5:30 PM       | ALPHA Reception followed by ALPHA Annual Meeting (Quarter Deck)                   |

**Schedule at a Glance**

- 7:30 - 8:30 AM: Continental Breakfast
- 8:30 - 9 AM: Welcome
- 9 - 10 AM: Opening Plenary
- 10:30 - 11:45 AM: Concurrent Sessions
- Noon - 1 PM: Lunch & Plenary
- 1:30 - 2:30 PM: Concurrent Sessions
- 2:30 - 3 PM: Student Poster Session
- 3 - 4:30 PM: Concurrent Sessions
- 5:30 PM: ALPHA Reception & Meeting

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**31st Annual Alaska Health Summit**
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<th>Time</th>
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| 7:30 - 8:30 AM | **ALPHA Past Presidents Breakfast (Café)** | • Coalition: Support-for-Service in Alaska - SHARP, NHSC & IHS (Endeavor)  
• Coalition: Confronting Alzheimer’s Disease in Alaska (Adventure) |
| 8 - 8:30 AM   | **Continental Breakfast (Ballroom)**                                |                                                                                               |
| 8:45 - 9:45 AM | **Plenary (Ballroom)**                                              | Session 200: Choreographing a More Healthy Lifestyle is in the Journey Not the Destination      |
| 10:15 - 11:45 AM | **Concurrent Morning Sessions (60 minutes)**                   | Session 201: Endeavor Bridging the Gap Between Public Health, Community Health and School Health – Implementing Best Practices for Obesity and Tobacco Prevention  
Session 202: Quadrant Dental Cavities in Children: An Update on Ongoing Research and Public Health Practice Activities in Alaska  
Session 203: Whitby Update: Alaska Epidemiologic Profile on Substance Use, Abuse, Dependency, and Treatment  
Session 204: Voyager TB Case Management Success with Treatment and Public Health Recommendations  
Session 205: Adventure Population Health Research in Alaska: Survey of Projects at the UAA Institute for Circumpolar Health Studies (ICHS) |
| Noon - 1 PM   | **Lunch and Plenary**                                                | Session 206: Ballroom Public Health Meets the C-Suite: Population Health Improvement and the Future of Worksite Wellness |
| 1:30 - 2:45 PM | **Concurrent Afternoon Sessions (75 minutes)**                     | Session 207: Endeavor How Does Public Health Contribute to Healthcare Affordability?  
Session 208: Quadrant Alaska’s Health and Disability Program: Making Health Count for Alaskans Experiencing Disability  
Session 209: Whitby Strategies for Long-Term Care in Alaska  
Session 210: Voyager Using a Research-Practice Partnership to Accelerate Translation of Research to Practice  
Session 211: Adventure Progress on Improving Water and Sanitation Services in Rural Alaska |
| 3:15 - 4:30 PM | **Posters, Roundtables & Coalitions**                              | See descriptions pp. 22-26                                                                  |
| 5 PM          | **Coalition Meetings**                                              | • MPH Program Community Input (Whitby)  
• First 1000 Days Collective Impact Initiative (Voyager) |
| 5:30 PM       | **Post Summit**                                                     | Club Room II Strategic Advisory Group, hosted by the Institute for Circumpolar Health Studies, UAA (by invitation) |
Community

Providence continues the Mission of the Sisters of Providence by participating in community partnerships with organizations like the Brother Francis Shelter. At the shelter, Providence started foot-washing clinics, which provide much needed care for people whose feet are their main means of transportation. Providence medical residents provide compassionate medical services in the Brother Francis Care Clinic. And 365 days a year, Providence brings a hot meal to the shelter, making sure that our homeless receive essential nutrition.

alaska.providence.org
Pre and Post-Summit Offerings

• Back in the Closet! The Unfortunate Choice for LGBT Elders
  Presenter(s): Ken Helander, MA, Advocacy Director, AARP Alaska; Drew Phoenix, Identity, Inc.; Julie Schmidt, Identity, Inc.; Vicky Green, Veterans Administration
  Who are LGBT elders? Where do they live? What do they want and need? The answers are all too standard—“Nobody knows.” The reason is that nobody asks; there are no questions on census forms, admission forms, intake forms, assessment forms, or application forms. There is a hidden (sometimes closeted) population that is five times less likely to access senior services as they grow older, twice as likely to live alone, four times less likely to have family support, and often at increased risk of poverty, social isolation, depression, and self-neglect. This session will shine a light into the closet and reveal the compelling stories of courage and survival that are the culmination of lives lived with great caution. More importantly, this session will help health care providers become better equipped to serve this “invisible” part of our community. By invitation only. Contact: Ken Helander, khelander@aarp.org

Saturday, January 25, 2014 (8:30 AM) ................................................................. Endeavor Room

• Strategic Advisory Group, Hosted by the Institute for Circumpolar Health Studies, UAA
  The Institute for Circumpolar Health Studies (ICHS) at the University of Alaska Anchorage will convene a Strategic Advisory Group of Experts (SAGE). Consisting of local research partners and collaborators, the SAGE advises the ICHS on research initiatives and technical matters relating to the promotion of public health in Alaska and throughout the circumpolar region. The ICHS issues an annual report in the early spring that provides state legislators a clear picture of the public health concerns identified by SAGE members. By invitation only. Contact: David Driscoll, afdld@uaa.alaska.edu.

Tuesday, January 28, 2014 (5:30 PM) ...................................................................... Club Room II

• The 4th Annual Alaskan Rural Water and Sanitation Workshop: The Future of “Washeterias” in Alaska
  Presenter(s): Representatives from academia, Alaska Native organizations, and officials from federal, state, and local government
  This workshop will focus on water and sanitation issues in rural Alaska with a specific focus on “washeterias” with central watering points (sometimes referred to as “central facilities”). Washeterias in Alaskan villages are aging. The main objective of the workshop will be to gather information from participants on topics to be used in a “best practices” document for future washeteria design, construction, and use. There will be a morning presentation session and afternoon breakout sessions. Sponsors: US Arctic Research Commission and Centers for Disease Control and Prevention. Space is limited to 40 participants. Contact: Barb or Susan, 907-450-2450. Register at: www.cvent.com/d/34q9mc/3B.
  Thursday, January 30, 2014 (8:30 AM - 5PM) .......................................................... Quarter Deck

• Health Improvement Through Community Ownership: Mobilizing Action Through Partnerships and Planning
  Presenter(s): Jayne Andreen, Community Health Promotion and Development, Department of Health and Social Services, Division of Public Health, Health Planning & Systems Development
  With increased emphasis under the Affordable Care Act on prevention and community ownership, “public health” has an excellent opportunity to work across communities to improve health. MAPP is a community-driven strategic planning tool for improving community health. Facilitated by public health leaders, MAPP helps communities apply strategic thinking to prioritize public health issues and identify resources to address them. This one-day training will provide an overview of the MAPP framework, and provide information on the national and state resources available to help communities complete a MAPP process. Register by January 17, 2014 at: www.cvent.com/d/h4qlww/3B.
  Thursday, January 30, 2014 (8:30 AM - 4:30 PM) ......................................................... Club Room I
Monday Morning Session Descriptions

- **Session 102 Quadrant**
  **Recover Alaska: Working Together to Reduce Alcohol Abuse in Alaska**
  **Presenter(s): Diane Kaplan, President and CEO, Rasmuson Foundation; Elizabeth Ripley, Executive Director, Mat-Su Health Foundation; Jeff Jessee, JD, Chief Executive Officer, Alaska Mental Health Trust Authority / Moderator: Dennis McMillian, President and CEO of the Foraker Group**
  Rasmuson Foundation, the Alaska Mental Health Trust Authority, Mat-Su Health Foundation, and the State of Alaska Department of Health and Social Services are working jointly on Recover Alaska, an initiative to reduce the negative impacts of alcohol abuse in our state. Informed by a multi sector coalition, Recover Alaska is focusing on making systems, policy, statutory, and practice changes that will lead to long-term improvements. Recover Alaska is pursuing a suite of projects to move the needle on alcohol abuse. These include: revisions to state statutes that govern the sales and distribution of alcohol (Title 04); “One-Stop-Shop” where Alaskans will find accurate information on prevention, treatment, and recovery support; and partnerships with news media to elevate issue awareness and change social norms. Health providers, policy makers, community leaders, and change agents are welcome to attend an open dialogue with Recover Alaska leadership.

- **Session 103 Endeavor**
  **Building Stronger Food Systems in Alaska**
  **Presenter(s): Ken Meter, MPA, President, Crossroads Resource Center**
  Alaska is placed perilously far from the sources of its food, yet it is also one of the national leaders in direct sales from farmers to consumers. Learn about the opportunities and challenges Alaska faces as it builds a more inclusive food system that builds better health and greater wealth for state residents.

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State of Alaska Alaska Primary Care Office

Section Health Planning & Systems Development
Sponsor of the 2014 Alaska Health Summit

*Advancing Health Care Access and Health Workforce Development throughout Alaska*
Session 104  Adventure
Behavioral and Primary Health Care Integration: How Does This Work Anyway? A Case Study and Model for Best Practices for Rural Community Providers
Presenter(s): Monica Adams, MA, MBA, Executive Director, Peninsula Community Health Services of Alaska, Inc; Joe Cannava, MA, Director of Behavioral Health, Peninsula Community Health Services of Alaska, Inc.
Peninsula Community Health Services of Alaska, Inc. (PCHS) was founded in 2008 to address the need for whole-person, integrated health care services for residents of Central Kenai Peninsula. Blending community mental health and a Federally Qualified Health Center was not without challenges. However, five years later, PCHS now successfully provides greater access to integrated and comprehensive care with fewer barriers for more individuals than previous organizations could on their own. As communities struggle with limited resources, the blending of community mental health and physical health care under one roof is a viable, whole-person approach that improves access to comprehensive care. This presentation will focus on best practices for financial viability and treatment effectiveness for organizations and health care leaders attempting to provide integrated behavioral health care services through organizational mergers, expanded services, or program redesign.

Session 105  Voyager
PODS! What Are They Good For? Absolutely Everything!
Presenter(s): Susan Otoole, RN, MS, MPH, Emergency Preparedness Public Health Nurse, Interior, DHSS, Division of Public Health, Section of Public Health Nursing; Jamie Littrell, Alaska Strategic National Stockpile Coordinator, DHSS, Division of Public Health, Section of Emergency Programs; John Duffy, MBA, CDC Field Assignee, Public Health Advisor, DHSS, Division of Public Health, Section of Emergency Programs; Alison Brehmer, PHN, RN, Emergency Preparedness Public Health Nurse, Southeast, DHSS, Division of Public Health, Section of Public Health Nursing
This presentation will answer the question of why whole community planning is necessary for Point of Distribution (POD) operations. It will explain the Centers for Disease Control and Prevention’s Strategic National Stockpile program, its mandate for POD planning, and the process of delivering medication in times of emergency. The session will explain the difference between Open and Closed PODS and why Closed POD planning may be the way to go for your community or organization. POD planning for military installations will be discussed as well as planning considerations for rural Alaskan communities to address when it comes to the harsh environmental, meteorological, and geographical aspects of the state. Community POD operations examples will be presented to include Open and Closed PODS, prophylaxis of first responders and POD staff and volunteers, POD throughput, and related issues such as public information needs, medication information for the public, head of household dispensing, how to deal with unaccompanied minors, and more.

Session 106  Whitby
Back in the Closet! The Unfortunate Choice for LGBT Elders
Presenter(s): Ken Helander, MA, Advocacy Director, AARP Alaska; Victoria Green, LGBT Special Emphasis Program Manager, Alaska Veterans Administration Healthcare System; Liz Hunt, MS, Director of Senior Services, Day Break Adult Day Services; Drew Phoenix, MSDM, MDiv, MAC, Co-Chair, Identity, Inc.
Who are LGBT elders? Where do they live? What do they want and need? The answers are all too standard – “Nobody knows.” The reason is that nobody asks; there are no questions on census forms, admission forms, intake forms, assessment forms, or application forms. There is a hidden (sometimes closeted) population that is five times less likely to access senior services as they grow older, twice as likely to live alone, four times less likely to have family support, and often at increased risk of poverty, social isolation, depression, and self-neglect. This session will shine a light into the closet and reveal the compelling stories of courage and survival that are the culmination of lives lived with great caution. More importantly, this session will help health care providers become better equipped to serve this “invisible” part of our community.
Session 107 Ballroom
Together We Can Create a Healthier Alaska: Healthy Alaskans 2020 and the Alaska State Health Plan

Introduction: Jennifer Meyer, RN, MPH, CPH / Presenter(s): Lisa Aquino, MHS, Community Health Improvement Manager, DHSS, Division of Public Health; Beverly K Wooley, CHES, Community Health Systems Performance Improvement Director, Alaska Native Tribal Health Consortium, Division of Community Health Services; Deborah Erickson, Executive Director, Alaska Health Care Commission

Healthy Alaskans 2020 is a joint effort between the State of Alaska Department of Health and Social Services and the Alaska Native Tribal Health Consortium. It is a science-based framework of health priorities and tools that will guide efforts over the next decade to improve health and ensure health equity for all Alaskans. An advisory team consisting of stakeholders from across Alaska reviewed public input, considered data, gleaned information from subject matter experts, and compiled recommendations to identify 25 leading health indicators and targets. Work is now underway to create Healthy Alaskans 2020: Actions For Success, a plan outlining strategies and action steps important to achieving the 25 leading health indicator targets by 2020. Healthy Alaskans 2020 is an essential component of the Alaska Statewide Health Plan, designed to improve cost, quality, and access to health care. Attendees will learn how to contribute to the success of Healthy Alaskans 2020 and the Statewide Health Plan.

Monday Afternoon Session I Descriptions

Session 108 Quadrant
The Informed Alaskans Initiative: Facilitating Policy Development Through Public Health Informatics
Presenter(s): Charles Utermohle, PhD, Public Health Specialist, DHSS, Division of Public Health; Rebecca Topol, SM, Health Program Manager, DHSS, Division of Public Health

The Informed Alaskans Initiative intends to facilitate both personal and community health policy development by making public health information readily available on the Internet. By showcasing the interaction of risk factors and health outcomes from a number of data sources, individuals and policy makers can formulate health decisions taking into account personal, societal, and monetary costs. Based within the Alaska Center for Health Data and Statistics, the Informed Alaskans Initiative consists of the Alaska Indicator-Based Information for Public Health (AK-IBIS) and the geographic data visualization of InstantAtlas presentations. Together, these web-based data dissemination systems provide unprecedented access to Alaskan public health information.

Session 109 Endeavor
Cancer in Alaska: Alaskan Approaches to Outreach and Investigation
Presenter(s): David O’Brien, PhD, GISP, Data Analyst, Alaska Cancer Registry; Diana Redwood, MS, MPH, Senior Program Manager, Alaska Native Tribal Health Consortium

Panelists will describe public health approaches to understanding and addressing cancer within Alaska. Colorectal cancer (CRC) is the second leading cause of cancer mortality and the leading cause of new cases of cancer among Alaska Natives. ANTHC assessed the prevalence of CRC screening outreach to first-degree relatives of CRC patients at Alaska tribal health organizations (THOs), the use of family history information, CRC screening barriers, and tools to improve CRC screening throughout the Alaska Tribal Health System (ATHS). CRC screening outreach is common in the ATHS, but significant barriers still exist. A critical step in cancer prevention and control is the initial assessment of cancer risk. Naturally occurring asbestos is a potential human health risk as inhalation can cause mesothelioma, a rare form of lung cancer. Asbestos was found in construction gravel in the village of Ambler. CDC conducted an on-site health assessment for the village by measuring asbestos levels and making public health recommendations. The Alaska Cancer Registry (ACR) investigated locations of naturally occurring asbestos and cases of mesothelioma in Alaska but did not find a link.
Session 110  Adventure
Juneau United Medical Providers and Parents (JUMPP) Accomplishes Prevention of and Early Intervention for Serious Emotional Disturbance Among Juneau Children and Adolescents through Integration of Physical and Mental Health Services to Families

*Presenter(s): George Brown, MD, FAAP, Juneau United Medical Providers and Parents (JUMPP)*

Results of five years of integrated medical home and psychological behavioral support for families (the JUMPP program) show that of the more than 1,000 children from 300 families referred, 220 children from 139 families were served. Physician and Nurse Practitioner referrals came from all six private medical homes providing well child services, as well as from Head Start, the Juneau Public Health Center, school nurses, family respite agencies, child protection workers, and child behavioral service organizations. PTSD, Substance/Alcohol abuse, ADHD, Domestic Violence, FASD, child maltreatment, and Autism Spectrum disorders were the presenting issues. Started by grant support, JUMPP has begun to transition by receipt of insurance and Medicaid payments that assures sustainability of this Medical Home model of integrated physical and mental health care.

Session 111  Voyager
Expanding a Community-Wide Campaign Focused on Childhood Obesity in Alaska

*Presenter(s): Ann Potempa, MPH, Public Health Specialist II, DHSS; Andrea Fenaughty, PhD, Deputy Section Chief/Epidemiologist, DHSS, Division of Public Health*

The Alaska Department of Health and Social Services launched a new community-wide campaign called Play Every Day in 2012 addressing childhood obesity in Alaska. The campaign uses evidence-based strategies to create public education materials, including public service announcements and websites, that motivate Alaska parents and children to be more physically active for the best health possible. In 2013, the department conducted surveys and focus groups to prepare a new potential arm of the campaign to encourage parents to serve fewer sugary drinks to their children. Department staff members will present their findings.

Session 112  Whitby
North Slope Borough Baseline Community Health Analysis Report Findings

*Presenter(s): Heather Dingman, Health Impact Assessment Manager, North Slope Borough DHSS; Doreen Leavitt, RN, Director, North Slope Borough DHSS; Jeff Prater, MHA, FACMPE, Hospital Administrator, Samuel Simmonds Memorial Hospital*

The North Slope Borough Department of Health and Social Services released its first Baseline Community Health Analysis Report in July 2012 and has been disseminating the report findings to North Slope communities in partnership with the Arctic Slope Native Association, the Indian Health Service provider in the Arctic Slope region. The Community Café format is used to empower each community to target what health improvement plans happen in each community. The North Slope Borough Department of Health and Social Services partnered with the local tribal health provider Arctic Slope Native Association (ASNA) to discuss health promotion in each of the communities and assisted in developing and implementing policies and programs that address each community’s needs. We will discuss the report, its findings, and the different Arctic Slope communities’ health promotion focus.

Do you have suggestions for next year’s Health Summit?

Stop by the registration desk to add your ideas to the suggestion file, or add notes to the evaluation form. Planners appreciate hearing from you.
Session 113  Quadrant
Planning and Doing in Your Community: Community Assessment and Action around Healthy Alaskans 2020
Presenter(s): Beverly Wooley, CHES, Community Health Systems Performance Improvement Director, Alaska Native Tribal Health Consortium; Lisa Aquino, MHS, Community Health Improvement Manager, Department of Health and Social Services, Division of Public Health; Tanya Iden, MUP, Managing Associate, Agnew::Beck Consulting; Anna Brawley, Associate, Agnew::Beck Consulting / Moderator: Jayne Andreen, Community Health Promotion and Improvement, DHSS, Division of Public Health, Health Planning & Systems Development
Healthy Alaskans 2020 Leading Health Indicators and action plan for moving forward have been developed around the HA2020 statewide health needs assessment based on Alaska health data and community input. Created as the road map for statewide health improvement, it is intended to align and support community efforts to improve health for all Alaskans.

Session 114  Endeavor
Harmful Legal Products: Research and Intervention in Alaska
Presenter(s): Toby Stevens, MTS, Manager of Training and Technical Assistance, Akeela, Inc.; Diane Ogilvie, MAEd, CHES, Chief Officer of Prevention, Education and Training, Akeela, Inc.; Kristin Ogilvie, PhD, Associate Research Scientist, Pacific Institute for Research and Evaluation; Joel Grube, PhD, Social Psychology Director and Senior Research Scientist, Pacific Institute for Research and Evaluation (PIRE)
In order to get high, a rising percentage of Alaska’s children are under the influence of the life-altering side-effects of harmful legal products (e.g., common household items, over-the-counter medications, and synthetic and prescription drugs). Whether the method is inhaling or ingesting, most of these products are inexpensive, legal, and readily available in the home, school, or local convenience store. The Harmful Legal Products (HLP) Prevention Project is a NIDA grant-funded feasibility study that has spent nearly a decade focusing on environmental strategies to reduce HLP abuse in rural Alaskan communities. The Pacific Institute of Research and Evaluation (PIRE) provided the research portion of the project and measured strategy outcomes. Along the way, UAA and PIRE have worked together to evaluate prevention effectiveness and to offer input for necessary changes along the way.
Monday Afternoon Session II Descriptions...Continued

Session 115  Adventure
2012 Alaska Health Workforce Vacancy Study: A Look at Behavioral and Public Health Occupations in Alaska
Presenter(s): Katy Branch, Director, Alaska Center for Rural Health - Alaska Area Health Education Center, UAA; Kathy Craft, Alaska Health Workforce Coalition Director, UAA

This presentation will cover the data from the 2012 Alaska Health Workforce Vacancy Study, which surveyed 157 health occupations across regions and employment settings. The survey collected data on each occupation’s total positions and vacancies, length of longest vacancy, suitability to new graduates, and primary challenges in recruiting and retaining employees. Attendees will receive an overview of key findings and in-depth information about behavioral health and public health occupations as identified in the Alaska Standardized Health Occupations Taxonomy (SHOT).

Session 116  Voyager
Evidence-Based Approaches to Eliminating Secondhand Smoke Exposure: Housing and Clinical Interventions
Presenter(s): Nick Gonzales, Tobacco Prevention and Policy Manager, Akeela, Inc.; Melinda Rathkopf, MD, FAAAAI, FACAAI, FAAP, Allergy, Asthma and Immunology Center of Alaska; JoAnne Zito-Brause, Communications Program Manager, DHSS, Division of Public Health, Section of Chronic Disease Tobacco Prevention and Control Unit; Katie Reilly, MPH, Health Education Manager, American Lung Association in Alaska

The evidence is in: secondhand smoke (SHS) harms health. Children exposed to SHS have the greatest risk of experiencing damaging health effects. In Alaska, approximately 9,560 children are exposed to SHS in their homes. Policies against indoor smoking significantly lower the risk of SHS exposure for children. We will discuss the health effects SHS has on children and how smoke-free housing policies benefit children’s health. We will also explore how medical/public health professionals can serve as advocates for children and protect them from SHS exposure in the home. We will also focus on practical documentation following the Treating Tobacco Use and Dependence Clinical Practice Guideline: 2008 Update. The Guideline recommends documenting tobacco use as a general practice; however, patients’ exposure to SHS is often overlooked. By promoting the use of guideline recommendations, more patients can be screened for SHS exposure and offered assistance.

Session 117  Whitby
Bring the “Store Outside Your Door” into the School Cafeteria
Presenter(s): Martha Pearson, MA, MPA, Program Manager, SouthEast Alaska Regional Health Consortium; Tracy Gagnon, Community Coordinator, Sitka Conservation Society; Desiree Bergeron, RD LD, Store Outside Your Door Program Manager, Alaska Native Tribal Health Consortium; Gary Ferguson, ND, Director of Wellness and Prevention, Alaska Native Tribal Health Consortium

Two programs look at encouraging Alaskans to eat locally. SEARHC partnered with the Sitka Conservation Society (SCS) to procure local fish for school meals in Sitka. School meals in Southeast Alaska primarily use low-cost, processed foods (e.g., pizza, hot dogs). SCS worked with seafood processors, fishermen, school districts, and food service to develop systems for food procurement. The accompanying “Stream to Plate” elementary level curriculum teaches/promotes nutrition and the importance of eating locally. Evaluation shows improved access to local fish, community involvement, and increased awareness of local ecosystems and food sources. Alternatively, The Store Outside Your Door (SOYD) program promotes traditional food consumption through education and developing partnerships and concepts that look at sustainable ways to eat our local Alaskan foods. In 2013, the SOYD program highlighted youth culture camps and the passing of knowledge from one generation to the next, successful tribal agricultural programs, and special webisodes that focused on how to utilize plants from the arctic region of Alaska as food and medicine. The mission of this innovative project is to promote the health benefits, awareness, and accessibility of Alaska Native foods.
Tuesday Morning Plenary Description

Session 200  Ballroom
Choreographing a More Health Lifestyle Is in the Journey Not the Destination

Introduction: Nina Kemppel, CEO, Alaska Humanities Forum / Presenter(s): Billy Mills, Olympian

Native American Olympian Billy Mills addresses his vision regarding the healthy future of Indian country promoting wellness and disease prevention. He focuses on the importance of exercise in collaboration with traditional methods of healing. Mr. Mills shares his commitment to promote healthy living as a way of preventing and treating chronic diseases such as obesity, diabetes, and suicide among Alaska Native/Native Americans. He highlights the necessity of culturally-sensitive methods to positively encourage and promote wellness among all people.

Tuesday Morning Session Descriptions

Session 201  Endeavor
Bridging the Gap Between Public Health, Community Health, and School Health – Implementing Best Practices for Obesity and Tobacco Prevention

Presenter(s): Dana Diehl, Grant Program Manager, DHSS, Division of Public Health, Tobacco Prevention and Control Program; Karol Fink, RD, MS, Program Manager, DHSS, Division of Public Health, Obesity Prevention and Control Program; Connie Markis, RN, Anchorage Neighborhood Health Center

Public health partnerships with community health and K-12 school settings are essential to addressing a variety of chronic disease risk factors. Learn how the State of Alaska’s Obesity and Tobacco Prevention and Control Programs are working with partners in K-12 schools to screen for overweight and obesity and how community health centers are promoting screening for tobacco use among lower socioeconomic status patients. This session will highlight the importance of systems change and the critical role of health care providers and school nurses in driving down the prevalence of childhood obesity and tobacco use in Alaska. Best practices for screening, advising, and referring for tobacco use and obesity prevention will also be discussed.

Session 202  Quadrant
Dental Cavities in Children: An Update on Ongoing Research and Public Health Practice Activities in Alaska

Presenter(s): Brad Whistler, DMD, Alaska State Dental Health Official, DHSS, Division of Public Health, Women’s, Children’s and Family Health, Oral Health Program; Michael Bruce, MD, MPH, Epidemiology Team Leader, Centers for Disease Control and Prevention, Arctic Investigations Program; Timothy Thomas, MD, MPH, Director of Research, Alaska Native Tribal Health Consortium; Prabhu Gounder, MD, MPH, Epidemiologist, Centers for Disease Control and Prevention, Arctic Investigations Program / Moderator: Thomas Hennessy, MD, MPH, Director, Centers for Disease Control and Prevention, Arctic Investigations Program

Dental caries in Alaska children remains a serious concern. Rural Alaska children suffer from some of the highest rates of dental decay in the US. Access to dental care providers and preventive services is insufficient to meet the need in many parts of the state. Recently, several large Alaska cities opted to stop water fluoridation of public water supplies. This session will evaluate the impact water fluoridation has on tooth decay and discuss recent efforts to improve our understanding of the health burden of childhood dental decay in Alaska. We will also address new research in Alaska on the use of electronic health records to track dental caries, a new cost-effectiveness tool that compares caries prevention options available to health systems, and an evaluation of dental caries in communities with and without water fluoridation of public water systems. This session will be of interest to those involved in child health, oral health, preventive services, water and sanitation services, and public policy.
Tuesday Morning Session Descriptions...Continued

Session 203  Whitby
Update: Alaska Epidemiologic Profile on Substance Use, Abuse, Dependency, and Treatment
Presenter(s): Deborah Hull-Jilly, MPH, Injury Epidemiologist/Health Program Manager, DHSS, Division of Public Health, Section of Epidemiology

The Alaska Epidemiologic Profile on Substance Use, Abuse, and Dependency is a tool for substance abuse prevention specialists, program managers, and public health planners. The information provides a state-level overview to support efforts related to the Substance Abuse and Mental Health Services Administration (SAMHSA) – Strategic Prevention Framework State Incentive Grants (SPF SIG). This session will present updated information on the major indicators pertaining to Alaska’s consumption and consequences related to alcohol, drug, and tobacco use, abuse, and dependency. The indicators include measures of alcohol and tobacco sales; self-reported substance use and consumption behavior; outcomes relative to substance use and abuse including mortality, morbidity, criminal activity, and other associated consequences; and an overview of potential influences associated with substance use among adolescents.

Session 204  Voyager
TB Case Management Success with Treatment and Public Health Recommendations
Presenter(s): Michael Cooper, MD, MS, Infectious Disease and Tuberculosis Program Manager, DHSS, Division of Public Health, Section of Epidemiology; Katy Krings, RN, PHN, DHSS, Division of Public Health, Section Public Health Nursing (Bethel Public Health Center); Shahrokh Roohi, RN, MPH, Regional Officer in Charge, Centers for Disease Control and Prevention, Division of Global Migration and Quarantine, Quarantine and Border Health Services Branch; Petra Illig, MD, Quarantine Medical Officer, Centers for Disease Control and Prevention, Division of Global Migration and Quarantine, Anchorage Quarantine Station / Moderator: Kimberly Rogers, MPH, CPH, Quarantine Public Health Officer, Centers for Disease Control and Prevention, Division of Global Migration and Quarantine, Anchorage Quarantine Station

The panelists include staff from the Alaska Section of Epidemiology Tuberculosis (TB) Program, Bethel Public Health Center, and CDC Anchorage Quarantine Station. They will discuss public health strategies for improving patient compliance with TB treatment and public health recommendations. Alaska has the highest TB rate in the United States (9.0 cases/100,000 population in 2012). Patients who are noncompliant with public health recommendations such as Directly Observed Therapy (DOT) and isolation present a risk to the public’s health. The panelists will share information on the current epidemiology of TB in Alaska, provide examples of challenging cases and successful interventions, and introduce federal and state public health interventions, including travel restriction tools, which may be used with noncompliant patients under specific circumstances.

Session 205  Adventure
Population Health Research in Alaska: Survey of Projects at the UAA Institute for Circumpolar Health Studies (ICHS)
Presenter(s): Janet Johnston, PhD, MPH, MS, Assistant Professor of Biostatistics, Institute for Circumpolar Health Studies, UAA; Travis Hedgwig, PhD, Institute for Circumpolar Health Studies, UAA; Sarah Shimer, MPH, Institute for Circumpolar Health Studies, UAA; Erica Mitchell, Research Associate, Institute for Circumpolar Health Studies, UAA; Rebecca Barker, Research Assistant, Institute for Circumpolar Health Studies, UAA / Moderator: David Driscoll, PhD, MPH, MA, Director, Institute for Circumpolar Health Studies, UAA

The mission of the Institute for Circumpolar Health Studies (ICHS) at UAA is to improve the health of peoples of Alaska and other circumpolar areas through instruction, information services, and basic and applied research in health and medicine. The ICHS takes a population approach to health, recognizing the strong effect of social and community factors. Current research projects include: CDC Climate and Health II – evaluation of adaptation/mitigation strategies based on findings from an earlier surveillance study; Tribal Alaska Temporary Assistance Program (ATAP) – evaluation of challenges to self-sufficiency faced by Tribal ATAP clients; Housing First (HF) – evaluation of changes in tenants’ health and quality of life after moving into HF facilities in Anchorage and Fairbanks; and CDC/ANTHC Lupus Registry – determination of prevalence and incidence of systemic lupus erythematosus in American Indian and Alaska Native populations based on data collected in Alaska, Oklahoma, and Phoenix.
Tuesday Lunch Plenary Description

- **Session 206 Ballroom**
  Public Health Meets the C-Suite: Population Health Improvement and the Future of Worksite Wellness

*Introduction: Deb Erickson, Executive Director, Alaska Health Care Commission / Presenter(s): Paul Terry, PhD, Chief Science Officer, StayWell Health Management*

Employers – from Corporate CEOs to small business leaders – are increasingly recognizing the importance of a healthy workforce to their bottom line. At the same time, the science of employee engagement and behavior change is rapidly evolving, health analytic tools are being applied to “big data” from insurers and clinicians, the medical industry is under tremendous pressure to adapt to a reformed health care system, and individuals face greater responsibility for shouldering a share of their health care costs. The convergence of these factors cry out for public health expertise in epidemiology, health promotion, and population health management. What does the future hold – particularly for public health through opportunities to partner with employers who embrace a vision of a healthy workforce and want to adopt a culture of health?

Tuesday Afternoon Session Descriptions

- **Session 207 Endeavor**
  How Does Public Health Contribute to Healthcare Affordability?

*Presenter(s): Neal Sofian, MSPH, Director, Member Engagement, Premera Blue Cross*

This will be a presentation and discussion on how population health (public health) can help to control healthcare costs. We will explore: the risks that are controllable; how these risks generate cost (medical and productivity); the data needed to address those risks; the new technologies and models becoming available to impact population health; and the ways addressing the whole cycle of care from prevention to effective outpatient care to preventable hospitalizations impact total costs.

- **Session 208 Quadrant**
  Alaska’s Health and Disability Program: Making Health Count for Alaskans Experiencing Disability

*Presenter(s): Amanda Cooper, MPH, Health Program Manager, Governor’s Council on Disabilities and Special Education; Marcy Rein, MPH, Technical Assistance Contractor, Making it Possible, LLC; Rain Van Den Berg, MPH, LEND Trainee Coordinator, Center for Human Development, UAA*

Alaskans with disabilities experience significant health disparities, from access to healthcare to self-reported mental health. According to 2010 BRFSS data, 31.6 % of Alaskans with disabilities are characterized as obese (as compared with 21.6% of all Alaskans), and 12.2% of Alaskans with a disability report no physical activity in “a usual week,” as compared to 7.1% of the general population. In 2013, Alaska Health and Disability Committee Members worked with the University of Alaska Anchorage’s Center for Human Development to assess health disparities faced by Alaskans with disabilities. This session will provide an overview of the State’s Health and Disability Program and present data from our assessment, which asked health care providers, direct support professionals, and people with disabilities to identify their health priorities. This session will be useful for any public health practitioner who is working to include this growing population of Alaskans in their health programs and services.
Session 209 Whitby
Strategies for Long-Term Care in Alaska
Presenter(s): Shanna Zuspan, MCP, Managing Associate, Agnew::Beck Consulting; Thea Agnew Bemben, MA, Managing Principal, Agnew::Beck Consulting
In fiscal year 2012, the State of Alaska spent over $476 million on 44,711 long-term care recipients. The cost of meeting this challenge will only increase. The baby boom generation will create a “bubble” of increased demand for long-term care services over the next three decades. Health care and related costs continue to increase. Explore ways to improve Alaska’s long-term care system and maintain an emphasis on home and community based services while expanding capacity to serve the increase in the senior populations and populations with complex needs — all while containing costs and ensuring safe and quality care.

Session 210 Voyager
Using a Research-Practice Partnership to Accelerate Translation of Research to Practice
Presenter(s): Sandra Woods, MS, RN-C, PHN IV, Nurse Manager, DHSS, Division of Public Health, Section of Public Health Nursing, Mat-Su Public Health Center; Bridget Hanson, PhD, Research Assistant Professor, Center for Behavioral Health Research and Services, UAA; Deborah Giedosh, EdD, MA, MSN, PHN II, DHSS, Division of Public Health, Section Public Health Nursing, Mat-Su Public Health Center, Alaska Public Health Nursing / Moderator: Diane King, PhD, MBA, MSOT, Research Assistant Professor, Center for Behavioral Health Research and Services, UAA
It can take 20 years for original research to be incorporated into clinical practice. Translating evidence-based interventions into practice is fraught with challenges including knowledge, staffing, reimbursement, and competing priorities. The literature has identified two essential ingredients to implementing practice change: (1) health-care systems and providers willing to adapt their processes to accommodate changes and (2) researchers willing to adapt evidence-based interventions so they are feasible yet still effective when implemented under “real world” conditions. This session describes how a research-practice partnership facilitated the adoption of an effective but underutilized evidence-based service, Alcohol Screening and Brief Intervention, and translated it into the policy and practice of a statewide health system: Alaska Public Health Nursing (PHN). Panelists will discuss how data and practice knowledge were used to inform decision-making, share stories and lessons, and describe how an evaluation framework was used to monitor progress and encourage maximal public health impact.

Session 211 Adventure
Progress on Improving Water and Sanitation Services in Rural Alaska
Presenter(s): Thomas Hennessy, MD, MPH, Director, Centers for Disease Control and Prevention, Arctic Investigations Program; Troy Ritter, REHS, MPH, Alaska Native Tribal Health Consortium, Division of Environmental Health and Engineering; Bill Griffith, PE, Department of Environmental Conservation
The provision of in-home water and sanitation services is one the 25 Leading Health Indicators in the Healthy Alaskans 2020 Plan. This session will focus on that indicator by providing updates on recent developments in water and sanitation services in rural Alaska. The panel will discuss the status of rural sanitation infrastructure, plans for promoting innovative strategies to provide in-home service, and recent data from health studies linked to sanitation and future challenges. Time will be provided for comments and discussion with the participants.
Framing the Future: The Second Hundred Years of Education for Public Health

Introduction: Rhonda Johnson, DrPH, MPH, FNPr / Presenter(s): Donna Petersen, ScD, MHS, Chair, Education Committee, Association of Schools of Public Health and Dean of the College of Public Health, University of South Florida

What do you believe should be the essential elements of a newly designed public health education system in the 21st century United States? This is the question kicking off the national conversation on the future of education for public health. The question stems from the Association of Schools of Public Health (ASPH) Education Committee’s recent launch of a task force to guide the Framing the Future: The Second Hundred Years of Education for Public Health initiative. The task force intends to rethink the continuum of education in public health from undergraduate through doctoral levels, from interdisciplinary and interprofessional perspectives, and with the needs of the changing workforce ever forefront in our deliberations. For more information, visit: http://www.asph.org/document.cfm?page=1184.

Session 301 Endeavor
The Affordable Care Act: Implementation Update, January 2014
Presenter(s): Ken Helander, MA, Advocacy Director, AARP Alaska; Lawrence Weiss, MS, PhD, Policy Consultant

As of January, 2014, The Affordable Care Act (ACA) will be providing health insurance coverage to nearly 7 million more Americans through the health insurance marketplaces and millions more through Medicaid expansion in about half the states. While this sweeping change in health care access will affect nearly every American, there remains a great deal of misinformation, misunderstanding, or ignorance of the law. This presentation will provide an overview of the ACA, and will report on the progress of its implementation. In addition, the presentation will explore how the ACA affects persons in Alaska, how the Alaska marketplace works, and what the prospects and implications are for Medicaid expansion in our state.

Session 302 Adventure
Helping Ourselves to Health: Community Data Dissemination in Southwest Alaskan Communities
Presenter(s): Desiree Bergeron, RD, Store Outside Your Door Program Manager, Alaska Native Tribal Health Consortium; Gary Ferguson, ND, Director of Wellness and Prevention, Alaska Native Tribal Health Consortium

The Alaska Native Tribal Health Consortium (ANTHC) recently concluded a five year research grant funded by the USDA. The community-based research project “Helping Ourselves to Health (HOH): Addressing Factors that Contribute to Obesity Amongst Alaska Natives” evaluated the dietary patterns of six Southwestern Alaskan communities and implemented a comprehensive multimedia intervention. The project was funded to study the effects of the introduction of the Food Distribution Program on Indian Reservations (FDPIR) in rural Alaska in 2007. The intervention phase of the project included the filming of Traditional Foods Contemporary Chef (TFCC), as well received webisode series in which highlights traditional food recipes and the cultural practices of Alaskan communities. Currently, the HOH program is in the final stages of data analysis and dissemination, and a new sustainable program within ANTHC emerges from its concepts of traditional food promotion called the Store Outside Your Door (SOYD).
Wednesday Morning Session Descriptions...Continued

✧ Session 303 Voyager
From Data to Action: A Community’s Journey to Local and Statewide Behavioral Health Policy Change
Presenter(s): Melissa Kemberling, MS, MPH, PhD, Director of Program Planning and Evaluation, Mat-Su Health Foundation; Elizabeth Ripley, MA, Executive Director, Mat-Su Health Foundation; Robin Minard, MA, Director of Public Affairs, Mat-Su Health Foundation; Sharon Scott, Program Officer, Mat-Su Health Foundation

The Mat-Su Borough is on a journey to become the healthiest place in the country in terms of behavioral health. The Mat-Su Health Foundation recently completed a community health needs assessment (CHNA), including a community engagement process where 23 public meetings were held throughout Mat-Su. In these meetings, data on health in Mat-Su was presented to residents and professionals. Participants ranked behavioral health issues as the top health issues facing Mat-Su today. This session will describe the assessment and community engagement process, and give examples of how the data has been used to initiate action. Tools and resources for conducting CHNAs will be highlighted. Panelists will also facilitate a discussion on how change to improve behavioral health must involve different levels of society.

✧ Session 304 Quadrant
Evidence-based Public Health 101
Presenter(s): Jayne Andreen, Community Health Promotion and Improvement, DHSS, Division of Public Health, Section Health, Health Planning & Systems Development

Public health is demanding more and more evidence in developing and implementing projects and strategies. Most public health programs do not have the resources or expertise to conduct the comprehensive literature review necessary to identify evidence-based programs. It is also imperative that the evidence-base is combined with our intuitive and experiential knowledge in order to best meet the needs of our unique populations. This session will introduce participants to the concepts and definitions of evidence-base, as well as share information on existing databases and resources on an evidence-based public health. Participants will explore how evidence can be combined with local knowledge to produce the best results for our unique and diverse populations.

✧ Session 305 Whitby
The Youngest Alaskans: Investing in Early Childhood to Improve Our State’s Overall Public Health
Presenter(s): Karen Benning, Senior Associate, Agnew::Beck Consulting; Abbe Hensley, Executive Director, Best Beginnings; Shirley Pittz, Social Services Program Officer, DHSS, Office of Children’s Services, Early Childhood Comprehensive Systems Program Office; Matt Hirschfeld, MD, Medical Director, Alaska Native Medical Center, Maternal Child Health Services

A growing body of evidence shows that the first years of a person’s life have critical importance to every aspect of their adult life, from their mental and physical health to socioeconomic status. Investing in our youngest residents can counteract the harms of adverse childhood experiences (ACEs) and lead to better health and economic outcomes, not only at the individual level but also for our state as a whole. This session will provide an overview of the current state of early childhood in Alaska, including ideas for improving the systems that serve young children.

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Wednesday Awards Luncheon

The following awards will be presented (see page 21 for more information):

- Alaska Meritorious Health Service Award
- Alaska Health Achievement Award
- Barbara Berger Excellence in Public Health Award
- Barbara Berger Excellence in Public Health Award – endowed by the Alaska Health Education Consortium
- ALPHA Service Award for Long Term Service and ALPHA Service Award for Short Term Service
- Alaska Community Service Award for Health

Wednesday Afternoon Session Descriptions

- **Session 307**  Endeavor
  Health Issue Legislative Agendas: Share, Compare, Network and Win!
  **Presenter(s):** Emily Nenon, Director, Alaska Government Relations, American Cancer Society Cancer Action Network; Mike Gutierrez, MA, Manager, Alaska Grassroots Relationship, American Cancer Society Cancer Action Network; Jennifer Adzima, Training and Orientation Coordinator – Wellness and Prevention, Alaska Native Tribal Health Consortium / **Moderator: Lawrence Weiss, PhD, MS**
  Participants will share and learn what dominant health issues are before the legislature, and connect with others who may have common goals. Session will start with introductory remarks by four health-policy advocates, including a very brief discussion of challenges and opportunities in the current legislative session. The session will then divide into four smaller groups, each facilitated by a panel member, to share individual and agency legislative priorities. The small groups will look for overlap between priorities and offer suggestions for success. The full group will reconvene at the end for report-outs and discussion of common goals.

- **Session 308**  Adventure
  Public Health Research and Evaluation: Asians and Pacific Islanders’ Health and Cardiovascular Diseases in Alaska
  **Presenter(s):** Gabriel García, PhD, MA, MPH, Assistant Professor of Public Health, Department of Health Sciences, UAA; Clint J. Farr, MS, Public Health Specialist/Evaluator/Epidemiologist, DHSS, Division of Public Health; Janice Gray, RN, BSN, Nurse Consultant, DHSS, Division of Public Health
  The beginning of the session will present the findings from an original study on the health problems and their correlates of Asians and Pacific Islanders (APIs) in Alaska. APIs are the second largest minority group in Alaska, yet little is known about their health. Adult APIs in Anchorage, Barrow, and Kodiak were surveyed regarding their lifestyle, health behaviors and conditions, and psychosocial issues. Significant correlations were found between psychosocial factors and health. The second half of the session will review the latest Alaska state-wide cardiovascular disease data, review trends for heart disease and stroke and their risk factors, and identify population disparities for selected Alaskan populations.

- **Session 309**  Voyager
  Behavioral Health Integration in a Primary Care System: Southcentral Foundation’s Successes and Pitfalls
  **Presenter(s):** Michelle Baker, MBA, Yup’ik Eskimo, Director of Operations, Behavioral Health Services, Southcentral Foundation; Gull Prickette, Supervisor, Behavioral Health Consultant Mentor, Southcentral Foundation
  This session will examine the important role behavioral health consultants play in primary care settings. Critical elements of how Southcentral Foundation (SCF) has integrated Behavioral Health Consultants into the primary care setting will be discussed, along with a description of the benefits of using this type of model for both primary care customers and clinicians. The outcomes of integrating behavioral health consultants into primary care will also be examined.
Wednesday Afternoon Session Descriptions...Continued

Session 312 Ballroom
Adverse Childhood Experiences (ACEs): What We Know Can Change the Future

Introduction: Trevor Storrs, Executive Director of The Children’s Trust / Presenter(s): Linda Chamberlain, PhD, MPH, Executive Director, Alaska Family Violence Prevention Project, DHSS, Division of Public Health

The ACE study is the largest study of its kind ever done to examine the effects of adverse childhood experiences (ACEs) on our health and behavior over the lifespan. Understanding how the stress of early adverse experiences can become toxic and impact a child’s development. The role of resiliency factors in buffering the effects of toxic stress are essential to implementation of a trauma-informed, public health response to ACEs. In this presentation, the effects of ACEs on children, including the connection to childhood obesity, will be emphasized. Evidence-based and promising practices for public health and clinical settings will be highlighted.
Continuing Education Approval

Nursing CEU Information

The Section of Public Health Nursing is an approved provider of continuing nursing education by the Montana Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

The criteria for successful completion include attendance of at least one (1) 45-minute session and submission of a completed evaluation form. Credit will be awarded for each completed session. Attendance at the entire conference is not required to earn contact hours.

The planning committee members and all speakers have declared no conflict of interest.

Approval of the continuing education activity does not imply endorsement by the Section of Public Health Nursing, State of Alaska, America Nursing Credentialing Center (ANCC), or the Alaska Nurses Association of any commercial products displayed in conjunction with this activity.

CHES Information

An application has been submitted to award Continuing Education Contact Hours (CECH) for certified health education specialists (CHES). If you would like to receive CECH, please ask at the registration desk for more information. Packets also available at: http://www.nchec.org/_Files/_Items/NCH-MR-TAB6-78/Docs/Cat%20II%20Claim%20Form%20with%20accepted%20changes%205-20-13.pdf.

Awards To Be Presented During the Awards Luncheon

★ Alaska Meritorious Health Service Award
Recognizes the achievements of an individual in the area of health in Alaska over an extended period of time (not less than 10 years). The person may be retired and does not need to be an ALPHA member.

★ Alaska Health Achievement Award
Recognizes an individual whose contributions to the health of Alaska are recent or current.

★ Barbara Berger Excellence in Public Health Award
Recognizes an individual who has made special, unique, or substantial contributions to Alaska in the field of public health. The award is given in honor of the memory of Barbara Berger, health educator and Past President of ALPHA.

★ Barbara Berger Excellence in Public Health Award – Endowed by the Alaska Health Education Consortium
Recognizes an individual who has made special, unique, or substantial contributions to Alaska in the field of public health education. A nominee does not need to be an ALPHA member. The award is given in honor of the memory of Barbara Berger, Alaska health educator and Past President of ALPHA.

★ ALPHA Service Awards for Long Term Service and for Short Term Service
Recognizes two individuals who have made outstanding contributions to ALPHA - one over the course of several years and the other during the past 1 to 2 years by promoting ALPHA’s purpose “to advance the public’s health” (from bylaws). They are current or past ALPHA members who demonstrate one or more of the ALPHA values of equity, leadership, partnering, public involvement, and public health.

★ Alaska Community Service Award for Health
Recognizes an organization, business, or group making a significant contribution to improving the health of Alaskans.
Healthy Alaskans 2020
Presenter(s): Lisa Aquino, MHS, Community Health Improvement Manager, DHSS, Division of Public Health; Laurel McKeown, Alaska Native Tribal Health Consortium
This poster will include a storyboard depicting the Healthy Alaskans 2020 statewide health assessment and health indicator prioritization process using the Plan Do Study Act model.

Salmonella Enteritidis Outbreak among Patrons and Staff at Local Anchorage Restaurant
Presenter(s): Tony Barrett, Program Manager, Environmental Health Programs, Municipality of Anchorage; Brian Yablon, MD, State Epidemic Intelligence Officer, DHSS, Division of Public Health; Ginger Provo, Nurse Consultant II, DHSS, Division of Public Health, Section of Epidemiology
This poster will show how PulseNet flagged three cases of *S. enteritidis* led to investigation of an outbreak that affected several staff and the three customers.

Treatment as Prevention: Using HIV Surveillance Data to Link People to HIV Medical Care
Presenter(s): Jessica Harvill, MPH, Health Program Manager II, DHSS, Division of Public Health, Section of Epidemiology, HIV/STD Program; Melissa Boyette, HIV Surveillance Coordinator, DHSS, Division of Public Health, Section of Epidemiology, HIV/STD Program; Jeremy Ayers, Linkage to Care Coordinator, DHSS, Division of Public Health, Section of Epidemiology, HIV/STD Program
This poster provides an overview of the development, progress, and evaluation of the Linkage to Care program and will be of interest to health providers, community members, and health policy makers. Ensuring that persons with human immunodeficiency virus (HIV) infection receive appropriate medical care is critical for preventing disease progression and transmission. As treatment options for HIV continue to advance, systems for assisting HIV-positive people in accessing medical care must also evolve. In 2012, the Alaska HIV/STD Program began a demonstration project to increase the proportion of HIV-infected Alaskans who are accessing ongoing medical care. The Linkage to Care (L2C) Program utilizes HIV surveillance data to identify individuals who are newly diagnosed as HIV-positive, or who are HIV-positive and not currently accessing HIV medical care, and provides them with short-term, intensive support in engaging with an HIV medical care provider and other supportive services.

Moving Mountains: Systems Change to Improve Services for Alaskan Children who Experience Autism and Related Development Disabilities
Presenter(s): Jenny Miller, DrPH, MS, MPH, Assistant Professor, Department of Health Sciences, UAA
The Alaska LEND Without Walls (Leadership Education in Neurodevelopmental and related Disabilities) aims to improve the health of children who experience disabilities and their families by preparing professionals to assume interdisciplinary leadership roles. Faculty from nine disciplines mentor LEND fellows during all aspects of the program including weekly seminars, clinical and field experiences focusing on family-center care, and leadership research projects conducted by interdisciplinary teams of LEND fellows. The leadership research projects conduct pilot or developmental work for larger projects targeting systems change to strengthen statewide services for families. During 2012-13, projects addressed topics such as emergency preparedness for people with disabilities; access to child care for children with special needs; the Alaska Pyramid Partnership though the lens of Northern cultures; and a policy review for Alaska Safety Planning and Empowerment Network.

Are We Ready? Assessment of Emergency Preparedness of Alaskans Experiencing Disabilities
Presenter(s): Marcy Rein, MPH, Owner, Making Anywhere Possible, LLC
Alaskans experiencing disabilities comprise about 23% of Alaska’s population, but little is known about how prepared they are for emergencies. As we approach the 50th anniversary of the ‘64 earthquake, this study sought to establish baseline data and identify approaches for developing and disseminating emergency planning resources. A survey sampled adults in Alaska with disabilities or their caregivers. Respondents were asked about their perception of vulnerability to a disaster, their level of preparedness, and their motivations and preferences related to preparedness. Most felt vulnerable to a natural disaster or emergency, but few had a written plan. This poster summarizes study results and will be useful to public health professionals interested in learning more about disability in Alaska and public health emergency preparedness.
A Coordinated Response to Asthma in Alaska: An Update
Presenter(s): Laurie Orell, MPH, CPH, Project Manager, McDowell Group; Gail Schiemann, MPH, Senior Manager of Health Education, American Lung Association in Alaska
The Alaska Asthma Coalition and the American Lung Association in Alaska began implementing “A Coordinated Response to Asthma in Alaska” in 2012. As part of this effort, various partners worked together to create a multi-pronged system to improve asthma health outcomes. The work of the Asthma and Allergy Foundation of America-Alaska Chapter provides state and local community interventions, such as provider education and childhood asthma management. An asthma awareness media campaign was developed by Northwest Strategies. Data presented will include results of two cases studies, key informant reviews, data sources, and quality measures. It also includes key recommendations about how to improve asthma surveillance within Alaska, the challenges of asthma surveillance, and concepts on how to fit asthma surveillance within Alaska’s existing data infrastructure.

SHARP - Alaska’s Support-for-Service Program: Progress To-Date and the Road Ahead
Presenter(s): Robert Sewell, PhD, Health Program Manager, DHSS, Division of Public Health, Section of Health Planning & Systems Development, Alaska SHARP Program
Support-for-service programs across the US have a long-running and well-researched history. In Alaska, we have now established our own successful loan repayment and direct incentive program for healthcare practitioners. Known as SHARP, this interagency effort focuses on recruitment and retention of clinicians, particularly those providing healthcare to the underserved. This presentation details the history of SHARP’s development, provides data on progress to-date, and describes the road ahead.
Roundtable Session Descriptions

Each roundtable will include two 35 minute sessions and will seat up to 10 individuals. The roundtable presenter serves as the convener of the discussion topic. It is expected that the presenter will make a 10-15 minute presentation of the topic, followed by a discussion with the attendees.

❖ Demystifying the Affordable Care Act: The Triple Aim and the Integration of Public Health, Behavioral Health, and Health Care in Alaska
Presenter(s): Heidi Wailand, PMP, Regional Planning, Managing Associate, Agnew::Beck Consulting; David D’Amato, Senior Health Policy Advisor, Alaska Primary Care Association; Jeff Jessee, JD, CEO, Alaska Mental Health Trust Authority

The Affordable Care Act, now being implemented in stages across the country, is designed to overhaul the health care system to measure success not just by services provided, but by population health outcomes achieved. This is expressed in the “Triple Aim” of ACA: better access to care, better quality of care, and at lower cost. Public health policy and preventive care are important cost-effective elements of this model. Routine screenings, chronic disease management, and coordination with behavioral health providers improves patient health and reduces reliance on expensive emergency care. Population-based public health strategies can make a broader impact than individual interventions. A key focus of the discussion will be to help understand the important opportunities that ACA presents for public health in Alaska. Our discussion will include representatives from the Alaska Primary Care Association, the Department of Health and Social Services, and the Alaska Mental Health Trust Authority.

❖ Community Health Improvement/MAPP Networking Roundtable
Presenter(s): Jayne Andreen, Community Health Promotion and Development, Department of Public Health, Division of Public Health, Health Planning & Systems Development

This roundtable will provide people working on their community health needs assessment and improvement plans with the opportunity to share their experiences, successes and challenges with each other. State resources available to assist communities will be referenced for future use.

❖ School Based Obesity Prevention Programs in Alaska
Presenter(s): Lauren Kelsey, MPH, Obesity Prevention School Grants Manager, DHSS, Division of Public Health, Obesity Prevention & Control Program

Participants will learn about the State of Alaska Obesity Prevention & Control Program’s new initiative to fund school districts to implement strong school wellness policies that support high-quality physical education, increase daily student physical activity, and improve the school nutrition environment. Eight Alaska school districts are participating in a four-year grant program to meet the following goals: 1) support a School Wellness Team to assess current federally mandated school wellness policy; 2) improve the school nutrition and physical activity environment; 3) monitor student health risk behaviors, weight status, and district physical activity and nutrition environment; 4) promote events, activities, and school success stories using local media; and 5) participate as a member of the state taskforce Alaskans Taking on Childhood Obesity (ATCO). Childhood obesity is the predominant public health threat of our lifetimes. State Obesity prevention program staff and school district coordinators will describe early steps of the program.

❖ Play 4 Prevention: Empowering Self-care Through Fun with Exercise Gaming
Presenter(s): Ann Lovejoy, MBA, MEd, 6 sigma, AIM Lead Population Health, Mountain Pacific Quality Improvement Organization; Marcy Rein, RN, MPH, Quality Improvement Analyst, Mountain Pacific Quality Improvement Organization

Most elders in Alaska do not have transportation to gyms or centers with exercise programs. Many, however, do have families and live in places with computers. Play 4 Prevention is a program that combines coaching for habit change, education, socializing, and exergaming to improve overall health. The Mountain Pacific program is available via train-the-trainer sessions. This program is a flexible, adaptable, and proven way to boost activity levels, assist with medication adherence, and improve diet. The program can also be used as a self-care tool kit within employee wellness programs.
Tools for Measuring Clinics’ Progress toward Patient-Centered Medical Home (PCMH)

Presenter(s): Mary McEwen, MPH, Health & Social Services Planner II, DHSS, Division of Public Health, Health Planning & Systems Development; TBA (plan to have an individual from one of the TCHIC grantee clinics report on experiences)

How do we measure progress toward Patient Centered Medical Home? Learn how the Medical Home Office Report Tool (MHORT) has been used successfully to document and highlight the successes and challenges in practice transformation in Alaska and other states participating in the Children’s Health Insurance Program Re-authorization Act Quality Demonstration Grant Program. The MHORT combines aspects of both the 2011 NCQA Patient-Centered Medical Home Recognition Tool and the Medical Home Index-Revised Short Form. Hear from practice staff who have used this self-assessment tool and how it reflected improvements in “Medical Home-ness.” We will also discuss the CAHPS-CG PCMH, a standardized tool to measure patient “experience of care.”

Including Everyone: Integrating Universal Design into Your Programs

Presenter(s): Marcy Rein, MPH, Owner, Making Anywhere Possible, LLC; Laura Andersen, MPH, Public Health Specialist, DHSS, Division of Public Health Section of Women’s, Children’s and Family Health; Rain Van Den Berg, MPH, LEND Training Coordinator, Center for Human Development, UAA; Amanda Cooper, MPH, Project Coordinator, Governor’s Council on Disabilities and Special Education

Alaskans who experience disabilities make up about 23% of our state’s population. Supporting their needs, and the needs of those who have low health literacy or for whom English is a second language, can be a challenge. Universal design – both of the physical and educational environments – is an important component for public health practitioners to include in their program planning, implementation, and evaluation. Knowledge of universal design can help public health professionals reach all Alaskans who need our programs and services, while also meeting federally mandated accessibility requirements. This discussion will focus on the principles of universal design and emphasize usability for all. Individuals experiencing disabilities do not necessarily need separate, different, or special items to navigate and participate fully in their communities. Universal design ensures real choices for all people while appreciating and promoting diversity and inclusion. This session will be most useful to public health professionals who are interested in learning more about disability in Alaska and discovering some simple tools to infuse universal design into their existing programs and practices.
Coalition Session Descriptions

diamond Support-for-Service in Alaska - SHARP, NHSC & I.H.S: Coalition Meeting
Time: 7:30 AM / Location: Endeavor

Presenter(s): Coalition Robert Sewell, PhD, Psychology, emphasis Behavior Analysis, Health Program Manager, DHSS, Division of Public Health, Health Planning & Systems Development, Alaska SHARP Program

Support-for-service programs across the US have a long-running and well-researched history. Here in Alaska we have now established our own successful loan repayment and direct incentive program for healthcare practitioners. Known as SHARP, this interagency effort focuses on recruitment and retention of clinicians and particularly those providing healthcare to the underserved. This presentation details the history of SHARP's development, provides data on progress to-date, and describes the road ahead. Audience includes: Meeting is for stakeholders in Alaska's support-for-service effort. Interested clinicians, practice sites, agency staff, & program leaders are welcome. Coffee, bagels & fruit available. Contact Robert Sewell, robert.sewell@alaska.gov.

diamond Confronting Alzheimer's Disease in Alaska
Time: 7:30 AM / Location: Adventure

Presenter(s): Catherine Morrison, Alzheimers Association

In July 2013, Alzheimer’s Association and the Centers for Disease Control and Prevention (CDC) released The Healthy Brain Initiative: The Public Health Road Map for State and National Partnerships, 2013-2018. This document focuses on the role that state and local public health agencies and partners can play in promoting cognitive functioning, addressing cognitive impairment and Alzheimer’s disease, and helping meet the needs of caregivers. Specific action items are included in four areas, aligned with the Essential Services of Public Health. Join the Alzheimer's Association for breakfast and to learn about the Road Map and using it in your work in Alaska!

Contact: Catherine Morrison, cmorrison@alz.org.

diamond MPH Program Community Input
Time: 5 PM / Location: Whitby

Presenter(s): Elizabeth Hodges Snyder, PhD, MPH, Assistant Professor of Public Health, Soil and Water Scientist, Department of Health Sciences, UAA

The University of Alaska Anchorage Master’s in Public Health Program is in the middle of conducting community input forums as part of its program accreditation. Please drop by the Whitby room to share any thoughts you have on this program and its accreditation. Contact: Elizabeth Hodges Snyder, PhD, MPH, Assistant Professor of Public Health, University of Alaska Anchorage, ehodges4@uaa.alaska.edu.

diamond First 1000 Days Collective Impact Initiative
Time: 5 PM / Location: Voyager

Presenter(s): Stephanie Monahan Executive Director, All Alaska Pediatric Partnership; Stephanie Massey, State of Alaska Immunization Program; Thad Woodard, MD, pediatrician; others

First 1000 Days Collective Impact is a Statewide broad-based initiative that engaged partners from many different agencies and disciplines around the state in a collective effort to improve the “First 1000 days” of life for Alaskan infants. There are 4 pillars of the First 1000 Days Initiative:
  • Medical Home – each infant has a Medical Home
  • Immunizations – improve the 2 year old childhood immunization rate from 59% to 75%
  • Early Childhood Education – Improve educational resources and reduce adverse childhood experiences
  • Breastfeeding – increase support to improve breastfeeding success.

In this presentation, initiative leaders will give background on Collective Impact initiatives describe progress in Alaska’s First 1000 days Collective Impact and solicit additional input and partners. Interested clinicians, public and private agencies and program staff are invited. Contact: Roslyn Singleton, ris2@cdc.gov or risingleton@anthc.org.
List of Exhibitors

- AARP
- Alaska ADA Network
- Alaska Brain Injury Network
- Alaska Division of Public Health, DHSS, State of Alaska
- Alaska eHealth Network
- Alaska Health Education Library Project, Alaska Department of Health and Social Services
- Alaska Native Tribal Health Consortium
- Alaska Tribal Epidemiology Center, ANTHC
- Alzheimer’s Association
- Alzheimers Resource of Alaska
- American Lung Association of Alaska
- American Society for Circumpolar Health
- Department of Health Science, UAA
- Epilepsy Foundation Northwest
- Graduate Program in Community Mental Health, SNHU
- Healthy Alaskans 2020
- HIV/STD Program, State of Alaska
- Institute for Circumpolar Health Studies, UAA
- McDowell Group
- National Network of Libraries of Medicine
- North Star Behavioral Health
- Obesity Prevention and Control Program, DHSS, State of Alaska
- Primary Care Office, Health Planning & Systems Development, DHSS, State of Alaska
- Provo Canyon School
- Rural Alaska Community Action Program
- Seattle Cancer Care Alliance
- Shred Alaska
- Southcentral Foundation
- Tobacco Prevention and Control Program, DHSS, State of Alaska
- Women’s, Children’s and Family Health, DHSS, State of Alaska

Vision:
A community where all persons have the opportunity for a healthy life.

Mission:
To improve the health and wellness of Alaskans living in the Mat-Su.

Values:
Prevention, Access, Wellness, Fairness, Leadership, Collaboration.

We Salute You
All too often, the work of Alaska’s public health professionals goes unrecognized for its tremendous value. You are the first line of defense for many Alaskans, and your leadership, hard work, and innovation do much to promote good health, safety and the well being of us all. Thank you for a job well done.
Joyce Gaufin  
Ms. Gaufin, APHA President, provides leadership, quality improvement, and organization consultation to state, local, and non-profit organizations in Utah and Nevada as an independent consultant. She has been active in public health since 1973. Ms. Gaufin was a founding creator of the Great Basin Public Health Leadership Institute (GBPHLI), where she built a strong collaboration between public health agencies in Utah and Nevada before serving as the Executive Director in 2003. Before retiring in 2012, she provided advanced leadership preparation for over 255 scholars and graduates. She now serves as a consultant to GBPHL.

Beverly K. Wooley, CHES  
Ms. Wooley has 28 years of experience in public health in Alaska. She is the Community Health Systems Performance Improvement Director with the Alaska Native Tribal Health Consortium. Prior to joining ANTHC in February of 2011, she was Director of the Alaska Division of Public Health 2007-2009. Beverly is passionate about advancing realistic, sustainable solutions to complex public health issues utilizing multi-faceted, multi-sector approaches. She maintains national certification as a Certified Health Education Specialist.

Lisa Aquino, MHS  
Ms. Aquino is a graduate of UCLA (BS in Anthropology) and Johns Hopkins School of Public Health (MHS in International Health Disease Prevention and Control). She has over 13 years of experience as a public health practitioner, with special skills in quality improvement, evaluation, data monitoring, program management, health promotion, and community health improvement. Currently, her primary focus is quality improvement and performance management for public health in Alaska. She is a lifelong Alaskan with knowledge of the state, and has worked in public health both in the US and in Cape Town, South Africa (Desmond Tutu HIV Foundation).

Deborah Erickson  
Deborah Erickson began her public health career at the age of 5 when she tried to flush her parents’ carton of cigarettes down the toilet following release of the Surgeon General’s 1st Report on Smoking and Health. Her passion for prevention continued in high school through roles as the teaching assistant for the school health education and the outdoor education programs. She has since served the State of Alaska for nearly three decades in the Division of Public Health in a variety of positions, including Chief of the Section of Community Health and Deputy Director of the Division. Deborah is currently the Executive Director of the Alaska Health Care Commission. Her vision is that by 2025 Alaskans will be the healthiest people in the nation and have access to the highest quality most affordable health care. She holds a BS from Pacific Lutheran University, and is a graduate of the National Public Health Leadership Institute, University of North Carolina at Chapel Hill.

Billy Mills  
Billy Mills is the only American to have ever won the Olympic gold medal in the 10,000-meter run. A Lakota Sioux raised in one of the poorest communities in America, the Pine Ridge Indian Reservation in South Dakota, Mills was orphaned as a young boy, facing prejudice and cultural discrimination most of his childhood life. It was through a running scholarship to the University of Kansas that he was able to leave the reservation. Since the 1964 Olympic Games, Mills has become one of the most empowering Olympic speakers on the platform.

Paul Terry, PhD  
As chief science officer of StayWell Health Management, Paul Terry directs client support, program evaluation, and research and industry leadership, and ensures the highest quality in program development and delivery. Additionally, Paul leads strategic planning and market presence, and provides consulting expertise on customer programs. Paul holds a PhD from the University of Minnesota and a master’s degree from Minnesota State University at Mankato, where he was honored with the Distinguished Alumni Humanitarian Award.
**Plenary Speakers**

**Donna Petersen, PhD**  
Wednesday Morning Plenary  
Ms. Petersen is Dean of the College of Public Health at the University of South Florida and Chair of the Education Committee for the Association of Schools of Public Health (ASPPH). Prior to joining USF, she was Professor in the Department of Maternal and Child Health and the Department of Health Care Organization and Policy at the University of Alabama at Birmingham School of Public Health. She earned her masters and doctoral degrees from the Johns Hopkins School of Public Health.

**Linda Chamberlain, PhD**  
Wednesday Closing Plenary  
Ms. Chamberlain is a scientist, author, professor, dog musher, and founder and Executive Director of the Alaska Family Violence Prevention Project. She is an internationally recognized keynote speaker and champion for health issues related to domestic violence, children exposed to violence, brain development and trauma, and the amazing adolescent brain. She earned public health degrees from Yale School of Medicine and Johns Hopkins University.

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At the Alaska Native Tribal Health Consortium (ANTHC), we know that without a healthy Alaska Tribal Health System, we cannot reach our vision that Alaska Native people are the healthiest people in the world. That’s why ANTHC is proud to sponsor and participate in the Alaska Public Health Association’s 31st annual Alaska Health Summit, where we can play a role in Changing Systems, Changing Lives.

**Changing Systems, Changing Lives**

[Image of students]
Thank you to our individual contributors!

- **Gold**
  - Jay Butler
  - Renee Robinson

- **Silver**
  - Ellen Ganley
  - George & Carolyn Brown
  - Regan Mattingly
  - Shahrokh Roohi

- **Bronze**
  - Jayne Andreen
  - Debra Caldera
  - Karen Perdue
  - Masayo Nishiyama
  - Sheila Soule
  - Sandra Woods
  - Tammy Zulz

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The Power of Partnerships

With our many partners, the Alaska Mental Health Trust Authority works to raise awareness of jobs and training opportunities available throughout Alaska. Our aim is to facilitate the growth of a capable, culturally competent workforce that serves our beneficiaries and meets Alaska’s ever-growing need for health care workers.

**The Trust**

The Alaska Mental Health Trust Authority

www.mhtrust.org

**AADSC**

Alaska Alliance for Direct Service Careers

www.aadsc.org

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Our beneficiaries include Alaskans with mental illness, developmental disabilities, chronic alcoholism and other substance related disorders, Alzheimer’s disease and related dementia, and traumatic brain injury.
Thank you to our sponsors and partners!

- **Denali Level ($10,000+)***
  - Information Insights

- **Foraker Level ($5,000 - $9,999)**
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  - Alaska Native Tribal Health Consortium
  - Mat-Su Health Foundation
  - Obesity Prevention and Control Program, Alaska Department of Health and Social Services
  - Tobacco Prevention and Control Program, Alaska Department of Health and Social Services

- **Fairweather Level ($2,500 - $4,999)**
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  - Alaska Health Education Library Project, Alaska Department of Health and Social Services
  - Department of Health Sciences, UAA
  - Institute for Circumpolar Health Studies, UAA
  - McDowell Group
  - Primary Care Office, Health Planning & Systems Development, Alaska Department of Health and Social Services
  - Southcentral Foundation

- **Juneau Level ($500 - $999)**
  - US Arctic Research Commission

Thank you to our planners & volunteers!

- **Health Summit Chair**: Masayo Nishiyama
- **Track Chairs** reviewed proposals and coordinated appropriate follow-up communication to finalize plans, encourage speakers to submit their speaker release form, and respond to questions. Thank you planners who worked on the following tracks:
  - **Policy and System Changes** track discusses policy and systems changes related to health, health care, and public health. It looks at changes in public health that have occurred and what is to come, as well as how systems and policies can support and improve the health of populations. **Co-Chairs: Lisa Aquino and Deb Erickson**
  - **Public Health Research and Evaluation** track highlights programs and projects that demonstrate contributions to the scientific foundation for improving health through public health science, research, evaluation, and translation-to-practice. **Co-Chairs: Katy Krings and Andrea Fenaughty**
  - **Behavioral Health** track discusses evidence-based behavioral health programs and activities that highlight best practices in treatments, interventions, and public health education for a healthy mind and spirit. **Co-Chairs: Tina Woods and Sheila Soule**
  - **Evidence-Based Public Health Practice and Program Improvement Tools** track discusses evidence-based public health activities that support and improve program implementation, and highlights best practices. **Co-Chairs: Shah Roohi and Litia Garrison**
  - **Social and Economic Determinants of Health** track discusses what is known about social and economic determinants of health and how to improve health status for individuals, communities, and regions as a whole. **Co-Chairs: David Driscoll and Alison Kulas**
- **Poster Sessions and Roundtable Coordinator**: Jayne Andreen
- **Coordination of Credit Processes**:
  - Nursing CEU process: Colleen McNulty, Masayo Nishiyama, Katy Krings
  - CHES process: Gail Stoltz
- **Sponsors Coordination**: Masayo Nishiyama, Katy Krings, Tina Woods, Renee Robinson
- **Technology and Hosting Volunteers**: Laila Tompkinson, MPH Student; Carl Miller, MPH Student
- **Registration Volunteers**: Anchorage Convention and Visitors Bureau
We know that information is everywhere, but insight is not. Our philosophy is to match information with creativity and vision to develop the best solutions for our clients. We work on projects throughout the state from offices in Anchorage and Fairbanks.

Our clients include local, state and tribal governments, school districts and universities, nonprofits and businesses of all sizes including microenterprises. We are especially proud to work with many Alaska public health institutions and health care providers.

Our style is to be flexible and responsive to clients’ needs. We assemble a custom team for each consulting or facilitation project and tailor the process to fit the project goals. We never use a cookie cutter approach. To all our projects, we bring a depth of knowledge and understanding of Alaska issues and organizations.

Is there a project we can help you with? Give us an opportunity to design a process or solution that fits your needs.
Learn about Obesity Prevention efforts statewide... by attending the following sessions:

<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Session</th>
<th>Topic</th>
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<tbody>
<tr>
<td>MONDAY</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>10:30 - 11:45 am</td>
<td>Endeavor Room</td>
<td>103</td>
<td>Building Stronger Food Systems in Alaska.</td>
</tr>
<tr>
<td>1:30 - 2:30 pm</td>
<td>Voyager Room</td>
<td>111</td>
<td>Expanding a Community-Wide Campaign Focused on Childhood Obesity Prevention; Increasing Physical Activity and other Health-Related Behaviors.</td>
</tr>
<tr>
<td>3:00 - 4:30 pm</td>
<td>Whitby Room</td>
<td>117</td>
<td>Bring the “Store Outside Your Door” into the School Cafeteria.</td>
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<tr>
<td>TUESDAY</td>
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<tr>
<td>3:15 - 4:30 pm</td>
<td>Ballroom</td>
<td>213</td>
<td>Roundtable: School Based Obesity Prevention Programs in Alaska.</td>
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<tr>
<td>WEDNESDAY</td>
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<tr>
<td>10:00 - 11:15 am</td>
<td>Whitby Room</td>
<td>305</td>
<td>The Youngest Alaskans: Investing in early Childhood to Improve our State’s Overall Public Health.</td>
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<tr>
<td>3:30 - 4:30 pm</td>
<td>Ballroom</td>
<td>213</td>
<td>Closing Plenary</td>
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<tr>
<td></td>
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<td>Adverse Childhood Experiences (ACES): What we know can Change the Future.</td>
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THE STATE OF ALASKA OBESITY PREVENTION AND CONTROL PROGRAM

FOR MORE INFO CONTACT: obesity@alaska.gov • (907) 269-3457 • dhss.alaska.gov/dph/Chronic/Pages/Obesity/
Thank you to our 31st Annual Health Summit Sponsors and Partners

Coordination support for this year’s Health Summit is provided by Information Insights. The Summit team includes Barb Branton, Brenda Holden, Jessica Holden, Ellen Ganley, Nancy Lowe, Deb Mowrey, Jana Peirce, Susan Pruitt, Sylvan Robb, and Matthew Bobo

Program designed and assembled by Stacy Smith, with support from the Department of Health Sciences and the Institute for Circumpolar Health Studies, University of Alaska Anchorage